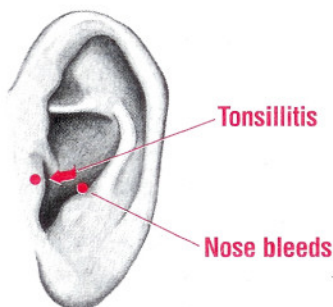
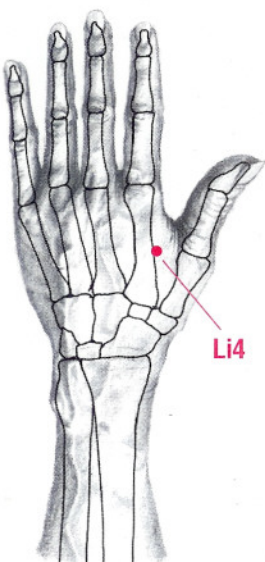
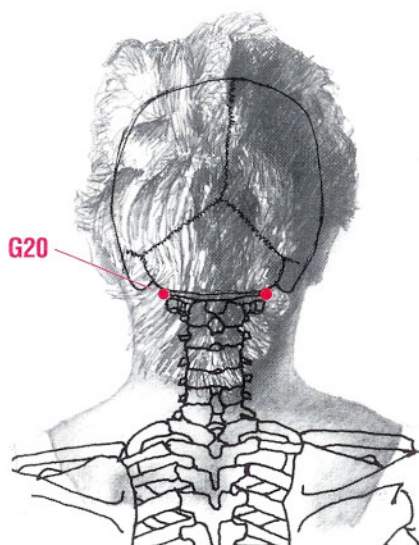
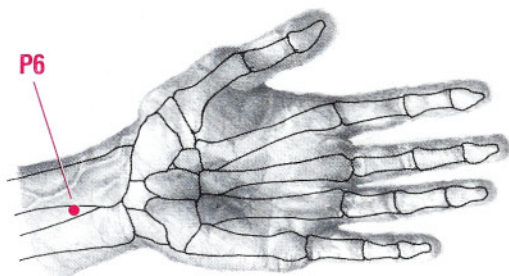


2. EAR, NOSE & THROAT PROBLEMS



Nose bleeds (epistaxis)

Recurring nose bleeds are common in children and Electro-Acupuncture offers a method of reducing the duration of the nose bleed and so minimising blood loss.

P O I N T S

- G20** Just below the skull bone and outside the muscle bulge.
- Li4** This lies on the side of the bone which runs from the forefinger knuckle down towards the wrist. See page 8 for a detailed description of this point.
- P6** This lies two thumb's width up from the palm wrist crease towards the elbow, directly in the centre between the two tendons.
- Ear** Ear point.

Tonsillitis

Tonsillitis, (or sore throat), is most often due to a viral infection. In some cases however, it can be due to bacteria. Colloidal silver has been shown to be highly effective - take 1/2 teaspoonful under the tongue. If no improvement follows treatment it is important to consult a doctor as a course of antibiotics may be required.

P O I N T S

- Li4** This lies on the side of the bone which runs from the forefinger knuckle down towards the wrist. See page 8 for a detailed description of this point.
- S36** This lies three thumb's width below the joint under the kneecap lying on the outer side of the knee. One finger's width back from the sharp edge of the shin bone.
- Ear** Ear point.